

## Habit

### TRUE POWER (Author Unknown)

You may know me.  
I'm your constant companion.  
I'm your greatest helper.  
I'm your heaviest burden.

I'll push you onward or drag you down to failure.  
I'm at your command.  
Half the tasks you do might as well  
be turned over to me.  
I'm able to do them quickly.

I'm able to do them the same every time.  
I'm easily managed, all you've got to do  
is be firm with me.  
Show me exactly how you want it done;  
And after a few lessons  
I'll do it automatically.

I'm the servant of all great men and women;  
Of course, I'm a servant of the failures as well.  
I've made all the great individuals  
who have ever been great.  
And, I've made all the failures too.

I work with the precision of a computer  
And with the intelligence of a human being.  
You may run me for profit.  
You may run me to ruin.  
It makes no difference to me.

Be easy with me  
And I'll destroy you.  
Be firm with me  
And I'll put the world at your feet.

Who am I?  
I'm Habit!